

**Table 1.** *Daytime and night-time symptoms in OSA.*

Daytime symptoms	Night-time symptoms
Excessive daytime sleepiness	Snoring
Fatigue	Witnessed apnoeas
Morning dry mouth	Disturbed unrefreshing sleep
Morning headache	Enuresis
Difficulty concentrating	Nocturnal sweating
Irritability	Gastro-oesophageal reflux
Mood changes	
Impaired memory	