

Table 6. *Risk factors for heat related illness.*

| Non-modifiable risk factors | Modifiable risk factors |
|--|---|
| Age (the elderly and children) | Dehydration |
| Autonomic diseases with anhidrosis (Ross syndrome, Sjögren syndrome) | Prolonged activity in hot and humid environment |
| Spinal cord injuries | Occupational categories (military staff, athletes, outfield employees etc.) |
| Endocrine disorders (Diabetes, hyperthyroidism) | Abuse (alcohol, cocaine, amphetamine, opioids, etc.) |
| Neurological disorders (epilepsy) | Drugs (anticholinergics, beta-blockers, diuretics, neuroleptics, anesthetics) |
| Dermatological diseases (scleroderma, burns) | Infections |
| Hereditary disease (malignant hyperthermia) | Obesity |